



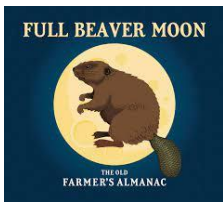
*Kaleidoscope
Dance*



November 2025



*Tai Chi
& Well-Being*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
 Oct 2025 <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td>5</td><td>6</td><td>7</td><td>1</td><td>2</td><td>3</td><td>4</td></tr><tr><td>12</td><td>13</td><td>14</td><td>8</td><td>9</td><td>10</td><td>11</td></tr><tr><td>19</td><td>20</td><td>21</td><td>15</td><td>16</td><td>17</td><td>18</td></tr><tr><td>26</td><td>27</td><td>28</td><td>22</td><td>23</td><td>24</td><td>25</td></tr><tr><td></td><td></td><td></td><td>29</td><td>30</td><td>31</td><td></td></tr></table> Dec 2025 <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr><tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr><tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr><tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr><tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr></table>  Studio Closed 1 9:15 AM Crane Dance							S	M	T	W	T	F	S	5	6	7	1	2	3	4	12	13	14	8	9	10	11	19	20	21	15	16	17	18	26	27	28	22	23	24	25				29	30	31		S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
S	M	T	W	T	F	S																																																																																				
5	6	7	1	2	3	4																																																																																				
12	13	14	8	9	10	11																																																																																				
19	20	21	15	16	17	18																																																																																				
26	27	28	22	23	24	25																																																																																				
			29	30	31																																																																																					
S	M	T	W	T	F	S																																																																																				
	1	2	3	4	5	6																																																																																				
7	8	9	10	11	12	13																																																																																				
14	15	16	17	18	19	20																																																																																				
21	22	23	24	25	26	27																																																																																				
28	29	30	31																																																																																							
2	3 6:00 PM Tai Chi Yang Form 7:00 PM Tai Chi Push Hands	4 1:00 PM Gentle Tai Chi Sequences	5 	6 6:00 PM Tai Chi Yang Form	7 1:00 PM Gentle Tai Chi Qigong	8 9:15 AM Crane Dance																																																																																				
9	10 6:00 PM Tai Chi Yang Form 7:00 PM Tai Chi Push Hands	11 1:00 PM Gentle Tai Chi Sequences	12	13 6:00 PM Tai Chi Yang Form 6:30 PM Capoeira w/Caxias	14 1:00 PM Gentle Tai Chi Qigong	15 9:15 AM Crane Dance																																																																																				
16 	17 6:00 PM Tai Chi Yang Form 7:00 PM Tai Chi Push Hands	18 1:00 PM Gentle Tai Chi Sequences	19	20 6:00 PM Tai Chi Yang Form 6:30 PM Capoeira w/Caxias 7:30 PM Sound Meditation	21 1:00 PM Gentle Tai Chi Qigong	22 9:15 AM Crane Dance																																																																																				
23	24 6:00 PM Tai Chi Yang Form 7:00 PM Tai Chi Push Hands	25 1:00 PM Gentle Tai Chi Sequences	26	27 9:00 AM Studio Closed 	28 1:00 PM Gentle Tai Chi Qigong	29 9:15 AM Crane Dance																																																																																				
30																																																																																										