



*Kaleidoscope
Dance*



October 2026



*Tai Chi
& Well-Being*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																													
Sep 2026 <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table>		S	M	T	W	T	F	S	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				Nov 2026 <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </table>		S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						1 6:30 PM Capoeira w/Caxias	2 1:00 PM Gentle Tai Chi Qigong	3 9:15 AM Crane Dance
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4	5 6:00 PM NO CLASS: Tai Chi Yang Form	6 1:00 PM Gentle Tai Chi Sequences	7	8 6:30 PM Capoeira w/Caxias	9 1:00 PM Gentle Tai Chi Qigong	10 9:15 AM Crane Dance 7:00 PM Autumn Showtime																																																																													
11	12 6:00 PM Tai Chi Yang Form w/Darin	13 1:00 PM Gentle Tai Chi Sequences	14	15 6:30 PM Capoeira w/Caxias	16 1:00 PM Gentle Tai Chi Qigong	17 9:15 AM Crane Dance																																																																													
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