



Step Sheet



Elvira

Music	Elvira – Oak Ridge Boys					Time	3:46min
Length	48 cnts	Tempo	125 bpm	Energy*	85 steps/min	Intro	16 cnts
Choreographer		Trudy Sherman		Based On	Dee’s Hustle		
# of Moves	5	Moves	Grapevine, Hip Bumps, Step Brush, Step Tap, Walk w/ Kick & Tap				

Energy is calculated as (weight changes in sequence)(beats per minute for music)/(counts in sequence)

Count in Sequence	Counts for Row	Description of Moves
		<u>WALK W/ KICK (Snap) & TAP, FWD-BACK x2</u>
1-4	4	R walk forward 3 steps (R-L-R), L kick w/ finger snap
5-8	4	L walk back 3 steps (L-R-L), R tap
9-16	8	Repeat 1-8
		<u>GRAPEVINE, R-L</u>
17-20	4	R step side, L step behind R, R step side, L tap together
21-24	4	L step side, R step behind L, L step side, R tap together
		<u>STEP BRUSH (SCUFF), FWD, R-L x2</u>
25-28	4	R step forward, L brush, L step forward, R brush
29-32	4	Repeat 25-28
		<u>STEP TAP (Clap), BACK, R-L x2</u>
33-36	4	R step back, L tap together (clap), L step back, R tap together (clap)
37-40	4	Repeat 33-36
		<u>HIP BUMPS, 2-Count, R-L</u>
41-44	4	R step side and shift R hip to R, hold, shift L hip to L, hold
		<u>HIP BUMPS, Single Count, R-L x2</u>
45-46	2	R step side and shift R hip to R, shift L hip to L
47-48	2	Repeat 45-46
		START AGAIN

NOTES:

MODIFICATIONS:

1. Walk w/ Kicks - Replace Kick with Heel Tap or Tap
2. Step Brush - Replace Brush with Tap
3. Hip Bumps - Lift foot and step when shifting weight