



# Step Sheet



# Best Day

<b>Counts:</b>	48	<b>Music:</b>	Best Day of My Life – American Authors	
<b>Tempo:</b>	100	<b>Length:</b>	3:26	<b>Intro:</b> 16 counts
<b>Choreographer:</b>	Trudy Sherman		<b>Based On:</b>	
<b># of Steps:</b>	4	<b>Steps:</b>	Freeze, Mambo, Taps, Walks	

Count in Sequence	Counts for Row	Description of Moves
1-4	4	<b><u>TAPS FWD R-L x2</u></b> R tap forward, R together, L tap forward, L together
5-8	4	Repeat 1-4
9-12	4	<b><u>TAPS SIDE R-L x2</u></b> R tap side R, R together, L tap side L, L together
13-16	4	Repeat 9-12
17-20	4	<b><u>WALK W/ TAP, FWD &amp; BACK</u></b> R walk forward 3 steps (R-L-R), L tap
21-24	4	L walk back 3 steps (L-R-L), R tap
25-28	4	<b><u>FREEZE, R-L</u></b> R step side, L step together, R step side, L tap together
29-32	4	L step side, R step together, L step side, R tap together
17-20	4	<b><u>MAMBO, FWD-BACK, R-L</u></b> R step forward, L step in place, R step back (together), hold
21-24	4	L step back, R step in place, L step forward (together), hold
17-20	4	<b><u>MAMBO, SIDE, R-L</u></b> R step forward, L step in place, R step back (together), hold
21-24	4	L step back, R step in place, L step forward (together), hold
		<b>START AGAIN</b>
<b>NOTES:</b> On 3 <sup>rd</sup> set, replace Mambo Side L with "hold" for 2 counts.		
<b>MODIFICATIONS:</b>		