



*Kaleidoscope
Dance*



November 2026



*Tai Chi
& Well-Being*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
1 	2 6:00 PM Tai Chi Yang Form w/Darin	3 1:00 PM Gentle Tai Chi Sequences	4 	5 6:30 PM NO Class Capoeira	6 1:00 PM Gentle Tai Chi Qigong	7 9:15 AM Crane Dance																																																																																				
8	9 6:00 PM Tai Chi Yang Form w/Darin	10 1:00 PM Gentle Tai Chi Sequences	11	12 6:30 PM Capoeira w/Caxias	13 1:00 PM Gentle Tai Chi Qigong	14 9:15 AM Crane Dance																																																																																				
15 	16 6:00 PM Tai Chi Yang Form w/Darin	17 1:00 PM Gentle Tai Chi Sequences	18	19 7:30 PM Sound Meditation	20 1:00 PM Gentle Tai Chi Qigong	21 9:15 AM Crane Dance																																																																																				
22	23 6:00 PM Tai Chi Yang Form w/Darin	24 1:00 PM Gentle Tai Chi Sequences	25 	26 9:00 AM Studio Closed 	27 1:00 PM Gentle Tai Chi Qigong	28 9:15 AM Crane Dance																																																																																				
29	30 6:00 PM Tai Chi Yang Form w/Darin	 <div> <div>Oct 2026</div> <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td></td><td></td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table> </div> <div> <div>Dec 2026</div> <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </table> </div>					S	M	T	W	T	F	S			1	2	3			4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
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