



*Kaleidoscope
Dance*



April 2025



Tai Chi & Well-Being

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
		1 1:00 PM Gentle Tai Chi Sequences	2	3	4 1:00 PM Gentle Tai Chi Qigong	5 9:15 AM Crane Dance																																																																																											
6	7 6:00 PM Tai Chi Yang Form 7:00 PM Tai Chi Swords	8 1:00 PM Gentle Tai Chi Sequences	9 	10	11 1:00 PM Gentle Tai Chi Qigong	12 9:15 AM Crane Dance																																																																																											
13	14 6:00 PM Tai Chi Yang Form 7:00 PM Tai Chi Swords	15 1:00 PM Gentle Tai Chi Sequences	16	17	18 1:00 PM Gentle Tai Chi Qigong	19 9:15 AM Crane Dance																																																																																											
20 9:00 AM Studio Closed 	21 6:00 PM Tai Chi Yang Form 7:00 PM Tai Chi Swords	22 1:00 PM Gentle Tai Chi Sequences 	23	24 7:30 PM Sound Meditation	25 1:00 PM Gentle Tai Chi Qigong	26 9:15 AM Crane Dance																																																																																											
27	28 6:00 PM Tai Chi Yang Form 7:00 PM Tai Chi Swords	29 1:00 PM Gentle Tai Chi Sequences	30  April	Mar 2025 <table><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr><tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr><tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr><tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr><tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr><tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr></table> May 2025 <table><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table>			S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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